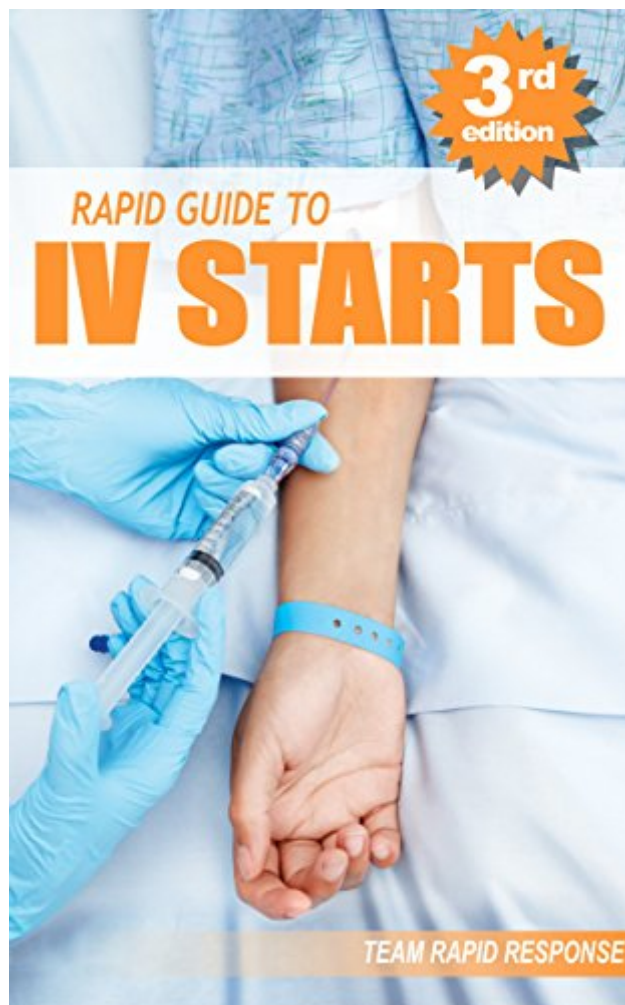


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# **IV Starts For The RN And EMT: RAPID And EASY Guide To Mastering Intravenous Catheterization, Cannulation And Venipuncture Sticks For Nurses And Paramedics ... The Fundamentals To Advanced Care Skills**





## Synopsis

From the Basics to Advanced Techniques 3rd Edition for 2016 is New and Greatly Expanded with 99 pages of text, graphics and illustrations to help you start IVs! Intravenous cannulation is one of the most difficult skills most RNs, LVNs and EMTs will learn. If you are scared out of your mind about starting IVs, you are not alone. It is an invasive and often painful procedure that requires both skill and practice to master. Maybe you are worried about hurting your patient. Or perhaps you are afraid of appearing incompetent in front of the patient if you are unsuccessful. All too often it seems easier to just ask someone else. Like any skill, some will be better than others. Some will learn faster, others it will take more time. Our goal is to provide you a RAPID and EASY way to master the IV stick! Not everyone will become an expert, and that's OK. But at a minimum, we want to impart every professional with the skill and confidence to start a routine, uncomplicated IV in their patient. Whether you are a new-grad who needs the essentials or a seasoned professional looking to learn some advanced techniques, everyone can always learn something new. In depth review of the following:

- Basics to Advanced Techniques
- Over 99 pages of text, graphics and pictures
- Gauges – choosing the correct gauge
- Basic anatomy and physiology of veins
- Strategies to distend veins and make them Pop Out!
- How to choose veins which to avoid
- A colorful, illustrated step-by-step guide to starting a standard IV
- 4 methods to threading the catheter
- 3 approaches to inserting the needle
- Guide to the "Floating technique"
- Visual guide to what you are doing wrong when a vein blows
- Finding and avoiding valves
- The Y-Bifurcation
- Inserting IVs in the elderly
- Vesicant medications
- Assortment of tips and tricks

By the end you will have not just the skills to start an IV, but the confidence to go out there and give each patient your two best shots.

**Example Chapter**

**Text**

**Threading the catheter**

At this point both the tip of the needle and the tip of the catheter are inside the vein. You will now need to thread the rest of the catheter into the vein. The catheter is fully inside the vein when only the hub sticks out. There are several different methods to advancing the catheter:

**The Two Handed Technique**

You have already visualized flash, lowered your angle, advanced 1-2mm and released the tourniquet. Continue holding the needle in place. With your non-dominant hand, grasp the hub of the catheter and slide it forward into the vein. Slowly withdraw the needle. Place your thumb on the hub of the catheter to hold it in place. Use your index finger to press down above the site to prevent blood from spilling out.

**The Single Handed Technique**

You have already visualized flash, lowered your angle, advanced 1-2mm and released the tourniquet. Continue holding the needle in place. Use the index finger of the hand that is holding the needle to slide the catheter past the needle. Continue sliding the catheter until it is fully inside the vein. With the above two techniques, be careful that you are only advancing the catheter into the

vein and not the needle. If the catheter is inside the vein it should be relatively easy and painless to advance it. Unlike the needle, the catheter is soft and flexible so it will be difficult to slide it in unless you are inside the vein. If the flashback was very small, you may feel resistance...

## **Book Information**

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## **Customer Reviews**

The pics and illustrations really help you visualize what's going on inside the vein with the needle. Now I know what's actually happening when I get a partial flash abruptly followed by a blown vein!

This is an excellent book! It is written in a clear manner that is easy for the reader to understand the message. Obviously, the author(s) have placed more than just a few IVs!

I found this text to be very helpful. I am a new RN and I have difficulty starting IV's in my work area (MSICU) due to many patients having poor vasculature. I am really excited to master the floating technique, so I can get those hard to start veins.

I'm a new RN starting my first job. We didn't really cover PIV catheterization in school and in my hospital nurses are expected to start their own IVs. I found this book to be really helpful. All the pictures and charts help make sense of what you are reading.

Good book for ideas and techniques for IV starts. Glad I bought this book.

The diagrams in this book are SO helpful for someone who is learning how to self-administer specialty pharmaceuticals. Now, the drawings are focused on IV Catheter, with less mention of butterfly needles. Butterfly needles are more common for self-administration. However, the vein diagrams helped me understand where the needle is actually going when I insert, look for flashback, level out, and push a little further. The tips for people with "rolling veins" and easily blown veins have saved me a lot of unnecessary bruises and needlesticks! Even the phlebotomists at the lab take me seriously when I pass along these tips to them before they attempt to draw my blood. The information in the book is sometimes repetitive, but the diagrams and tips were well worth the price. Really, can you put a price on avoiding unnecessary needle sticks??? Plus, the confidence I gained from this book has helped to facilitate my home-administration of specialty medicine in a timely manner, to treat my symptoms within hours. That is worth its weight in gold. As an aside: If you are purchasing this book in order to learn self-administration of a specialty pharmaceutical, or if you are a "difficult stick" -- I highly recommend purchasing your own fabric tourniquets. I carry them in rainbow colors for a reasonable price. The cheap rubber tourniquets always bruise me, and my veins are more likely to roll. However, the fabric tourniquets are far more comfortable, they do not bruise me, and I find my veins are easier to stabilize. Don't be afraid to bring your own to your next blood draw!

My nephew is an EMT studying to be a paramedic. He liked the layout and detailed drawings.

love it

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